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Edition

The Herald



Independent

Healthy Hoops Midlands Challenge Saturday

The Herald Independent

Published June 4, 2010

According to the American Lung Association almost seven million children have asthma and for many children, the disease keeps them sidelined – until now!

On Saturday, University of South Carolina coaches Darrin Horn and Dawn Staley will lead over 65 Columbia-area children through basketball passing, dribbling and shooting exercises at the 2010 Healthy Hoops Midlands Challenge.

In addition to expert basketball coaching, children will receive free asthma screenings.

While the kids are warming up and perfecting their skills, parents can participate in parent education sessions to learn how to recognize the warning signs of asthma as well as associated treatments for the disease.

The event will run from 9 a.m.- 3 p.m. at Greenview Park, 6700 David Street, Columbia.

For more information or to register, visit www.selecthealthofsc.com/community or call 1-866-HOOPS.SC.