

# ProviderAlert

**To:** Select Health Providers

**Date:** June 5, 2026

**Subject:** Zepbound Approved for eligible Select Health of South Carolina members who meet specific criteria.

Effective **July 5, 2026**, Zepbound (Trizepatide) will be approved for Select Health members with moderate to severe obstructive sleep apnea who meet specific criteria.

All the following criteria must be met and documented in chart notes:

1. Chart notes must include the patient's weight and height.
2. The patient's body mass index (BMI) must be 30 or higher.
3. Chart notes must show that the patient currently has moderate to severe obstructive sleep apnea.
4. Chart notes must show that the member has followed a doctor-directed weight loss program for at least 3 months, including a lower-calorie diet and physical activity, and still did not lower their BMI below 30.

When criteria is met, the request will be approved for up to 6 months for initial requests, and 12 months for renewal requests.

If the criteria are not met, the request will be referred to a clinical reviewer for medical necessity review.

If you have any questions, please contact your provider network [Account Executive](#).