ProviderAlert

Select Health of South Carolina

Healthy Connections

To: **Select Health Providers**

Date: **November 10, 2026**

Subject: **Select Health 90-Day Maintenance Medication Supply**

Summary: As we approach the busy holiday season, we encourage you to help members stay on track with their medication adherence by promoting certain 90-day supplies for chronic conditions when available and appropriate.

Please note that while most medications are limited to a 31-day supply per fill, certain maintenance medications used to treat the following conditions remain eligible for extended day supplies: [medication list attached]

- High Cholesterol
- Diabetes
- Hypertension

Encouraging eligible members to obtain a 90-day supply before the holiday season can help:

- Reduce the risk of interruptions in therapy
- Minimize pharmacy visits during busy travel and holiday periods
- Improve medication adherence and convenience

If you have any questions or need assistance, please contact the Pharmacy Services at **1-866-610-2773**.

90-Day Maintenance Drug List

Drug Class	Medications (Generic Name)
Antidiabetic	
Alpha-Glucosidase Inhibitors	Acarbose
Meglitinides	Nateglinide
Metformins	Glyburide/Metformin HCl Metformin HCl
Sulfonylureas	Glimepiride Glipizide Glyburide Glyburide, Micronized
Thiazolidinediones (TZDs)	Pioglitazone HCl
Antihyperlipidemic	
Statins	Atorvastatin Calcium Fluvastatin Sodium Lovastatin Pravastatin Sodium Rosuvastatin Calcium Simvastatin
Antihypertensives	
Angiotensin Modulators	Benazepril HCl Benazepril/Hydrochlorothiazide Captopril Enalapril Maleate Enalapril/Hydrochlorothiazide Irbesartan Irbesartan/Hydrochlorothiazide Lisinopril Lisinopril/Hydrochlorothiazide Losartan Potassium Losartan/Hydrochlorothiazide Olmesartan Medoxomil Olmesartan/Hydrochlorothiazide Ramipril Sacubitril/Valsartan Telmisartan Telmisartan/Hydrochlorothiazide Valsartan Valsartan/Hydrochlorothiazide
Angiotensin Modulator Combinations	Amlodipine Besylate/Benazepril Amlodipine Besylate/Valsartan Amlodipine/Valsartan/Hydrochlorothiazide Trandolapril/Verapamil HCl
Beta-Blockers	Acebutolol HCl Atenolol Atenolol/Chlorthalidone Bisoprolol Fumarate Bisoprolol/Hydrochlorothiazide Carvedilol Labetalol HCl Metoprolol Succinate Metoprolol Tartrate Nadolol Propranolol HCl Sotalol HCl
Calcium Channel Blockers	Amlodipine Besylate Diltiazem HCl Felodipine Isradipine Nicardipine HCl Nifedipine Verapamil HCl