

# ProviderAlert

**To:** Select Health of South Carolina Primary Care Providers  
**From:** Select Health Provider Network Management  
**Date:** March 24, 2025  
**Subject:** Update: EPSDT & Sports Physical Incentive – What You Need to Know

**Summary:** Effective July 1<sup>st</sup>, 2024, Primary Care Providers (PCPs) can earn a \$30 incentive payment for providers who conduct and accurately code both a child's sports physical (ages 5-18) **and** an Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) visit at the same time. The incentive payment is in addition to standard EPSDT visit reimbursement and should only be coded if both services are provided.

*Select providers have requested more information to ensure they are accurately participating in this incentive.*

## Early and Periodic Screening, Diagnostic, and Treatment Verse Sports Physical

Children go through many changes as they grow. They also need a variety of health checkups and appointments as they age. Two types of appointments are well-child visits and sports physicals. These checkups may sound similar, but they have important differences.

When a member needs both a sports physical with an EPSDT visit ensures comprehensive care for young athletes maximizing time for providers and members. Select Health launched an incentive payment program on July 1, 2024, for providers providing both a sports physical and an EPSDT visit with appropriate coding for eligible members.

### FAQ:

#### What is the different between a well-child verse sports physical visit?

- Well-child visits are recommended annually. The visit includes a complete physical including a review of a child's height, weight, immunizations, health history, and more.
- A sports physical may be requested by a child's school or sports team. This only means clearing a child to safely play sports. It does not include a complete review of a child's health.
- Not all members need both a sports physical and an EPSDT visit. The Cleveland Clinic suggest that youth sports physicals occur between the ages of 6 to 17 and are on a sports team or taking sports lessons.

<https://my.clevelandclinic.org/health/articles/11694-sports-physicals>

### What are the qualifications to receive the incentive?

- A provider must conduct an EPSDT and sports physical at the time of the visit.
- Visits are only eligible for this incentive if both an EPSDT and Sports Physical are conducted.
- Providers with additional questions should contact their account executive.

### What populations does this cover?

- All Select Health of South Carolina covered youth populations, including those in Foster Care

### How should providers code both visits?

Follow these steps to earn the incentive:

CPT Code	Modifier	Diagnosis Code
99383	25	Include Z02.5 in any position
99384		
99393		
99394		

- Complete all components of the EPSDT exam.
- Complete all components of a Sports Physical.
- Bill any other screenings or services rendered as part of the EPSDT exam (e.g., lab tests, developmental/behavioral health screenings, immunizations, etc.)

### How will the incentive be paid?

- Payments for all eligible claims will be made quarterly via a separate reimbursement.

*Visit the Provider section of the Select Health website for more information, news, and resources for providers. If you need assistance regarding this communication, or other issues, please contact your account executive or Select Health's Provider Network Management leadership.*