

## IMPORTANT REMINDERS:

### **Electronic funds transfer (EFT) is available at no cost to Select Health of South Carolina providers!**

Select Health strongly recommends that network providers enroll for EFT to streamline the payment process.

Select Health contracts with Change Healthcare to give providers the capability of receiving payments through EFT.

Benefits of using EFT include:

- Prompt, easy, secure payments.
- Eliminates the need to go to the bank or use mobile deposit to deposit checks.
- Allows you to view and print remittance advices online.
- Enables you to work with multiple payers in one easy-to-use application.

To register for EFT, complete the [E-Payment Enrollment Authorization Form](#) located on the Select Health website at [Change Healthcare EFT](#) or visit the [Change Healthcare Medical and Hospital EFT Enrollment Forms web page](#).

When filling out the authorization form, you will be asked for a trading partner ID; this is your Select Health-assigned group provider ID. If you do not know your provider ID number, it can be found on your paper remittance advice or by contacting your Provider Network Management account executive.

After you have submitted the form and required documentation, you can expect your EFT enrollment to be processed in approximately 15 business days.

**After your registration is complete, you will receive a small test deposit (less than a dollar). You must confirm receipt of this deposit for your EFT account to be activated.**

After your EFT account has been activated, any claims that are ready to be paid on or after the EFT setup is complete, will be paid electronically. Select Health runs claims checks on Monday and Wednesday evenings. Your EFT deposits will occur on Thursday and Monday, respectively.

Select Health will conduct regional **EFT Enrollment Workshops** to assist you with completing the enrollment form. The workshops will include lunch and the chance to win a \$50 gift card.

We have already conducted workshops in the Midlands and Low Country regions of the state.

More dates and locations will be announced soon. For questions, contact your Provider Network account executive.

### **Piedmont Medical Center – Now Available for First Choice Members!**

Piedmont Medical Center is now part of the First Choice provider network. Members now have more provider options to choose from in Chester, Lancaster, and York counties.

Piedmont Medical Center can provide many health care services including:

- Primary care.
- Pediatrics.
- Women's health.
- Rehabilitation.
- Emergency care.
- Specialty care.

### **Welcome to the First Choice provider network!**

#### **Notice of nondiscrimination**

First Choice by Select Health of South Carolina complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. First Choice does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### **Language services**

If your primary language is not English, language assistance services are available free of charge. Call **1-888-276-2020 (TTY 1-888-765-9586)**.

## Pharmacy Updates

Effective September 4, 2018, Admelog® (Insulin Lispro injection) is a preferred product on the Select Health Preferred Drug List (PDL). Humalog, Humalog Kwikpen and Apidra will be removed from the PDL.

Admelog® is a rapid-acting human insulin analog that should lower blood glucose levels in adults with type 2 diabetes and adults and children (3 years and older) with type 1 diabetes. The analog is very similar to the brand name Humalog (Insulin Lispro) fast-acting insulin.<sup>1</sup>

1. [https://www.admelog.com/?&gclid=EA1aIQobChMIwtXWvoTc3QIViZOzCh0H8g1TEAAYASAAEgIpcfD\\_BwE](https://www.admelog.com/?&gclid=EA1aIQobChMIwtXWvoTc3QIViZOzCh0H8g1TEAAYASAAEgIpcfD_BwE), "ADMELOG is a fast-acting mealtime insulin" Last Updated: August 2018 (accessed September 2018).

### Dosage forms/strengths:

- Admelog® 100 Units /mL Vial.
- Admelog Solostar® 100 Units/mL (U-100) 3ml prefilled pens.

**Quantity limit:** ≤ 30 mL per 30 calendar days (3 vials or 2 boxes [each box contains 5 pens]). Quantities greater than the allowed may be approved if medically necessary, but a prior authorization request must be submitted.

### Action required:

- For members new to short-acting insulin, initiate therapy with Admelog® at the required dose.
- For members currently undergoing short-acting insulin therapy, write a new prescription for Admelog®.
- For members unable to switch to Admelog®, prior authorization will be required.

### Prescription opioid cough and cold medications

Effective September 4, 2018, prescription opioid cough and cold medications containing codeine or hydrocodone may only be prescribed for First Choice<sup>SM</sup> plan members 18 years of age and older.

On January 11, 2018, the U.S. Food and Drug Administration (FDA) issued a drug safety communication on labeling changes for prescription opioid cough and cold medicines (e.g., containing codeine or hydrocodone).

The FDA changed the age range that these products are indicated for due to the risks of the medicines outweighing the benefits in children younger than 18. As outlined by the FDA, risks from these products include slowed or difficult breathing, misuse, abuse, addiction, overdose, and death.

The FDA also recommended that physicians advise patients that most coughs due to a common cold run their course and usually do not require treatment. However, if the physician determines treatment is necessary, the FDA recommends non-opioid prescriptions and over-the-counter (OTC) products.

Currently, this labeling change is for prescription products only; however, the FDA is considering taking regulatory action on OTC cough and cold products containing opioids which are available in certain states.

To read the full FDA news release, please visit "FDA acts to protect kids from serious risks of opioid ingredients..." [www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm592109.htm](http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm592109.htm).

## Clinical Laboratory Improvement Amendments (CLIA)

CMS CLIA regulations apply to laboratory testing in all settings including commercial, hospital, and physician office laboratories.

On February 11, 2018, Select Health sent out a [notice](#) reminding providers to consistently use their CLIA ID number when submitting claims for laboratory testing.

**Stay tuned for additional information regarding how the submission of the CLIA ID number will affect laboratory claims payment.**

## 2018 Provider Satisfaction Survey is on its way!

Please be on the lookout for a yellow envelope containing the Select Health 2018 Provider Satisfaction Survey!

Select Health conducts an annual provider satisfaction survey to gain provider feedback on the services provided by the plan. The survey is administered by an independent National Committee for Quality Assurance (NCQA)-certified survey vendor from September through December.

Please take the time to complete the survey. Select Health understands the importance of maintaining practices that are working well and enhancing processes where deficiencies are identified. Based on your feedback we will implement process improvements as we continually strive to improve provider satisfaction.

Thank you for your cooperation and for the valuable services you provide our members!

## Additional formulary changes effective September 4, 2018

Drug	Status
Dulera 100 mcg/5 mcg Inhalation	Removed from the formulary for ages 9 and above
Dulera 200 mcg/5 mcg Inhalation	Removed from the formulary for ages 9 and above
Promethazine 25 mg/mL Vials	Removed — Non-formulary
Promethazine 50 mg/mL Vials	Removed — Non-formulary
Promethazine 25 mg/mL Vials	Removed — Non-formulary
Promethazine 50 mg/mL Vials	Removed — Non-formulary
Promethazine 25 mg/mL Vials	Removed — Non-formulary
Clemastine 1.34 mg Tablets	Removed — Non-formulary
Clemastine 2.68 mg Tablets	Removed — Non-formulary
Carbinoxamine 4 mg Tablets	Removed — Non-formulary
Lexapro 5 mg/5 mL Solution	Removed — Non-formulary
Celexa 10 mg/5 mL Solution	Removed — Non-formulary
Paxil 10 mg/5 mL Suspension	Removed — Non-formulary
Paxil CR 12.5 mg Tablets	Removed — Non-formulary
Paxil CR 25 mg Tablets	Removed — Non-formulary
Paxil CR 37.5 mg Tablets	Removed — Non-formulary
Humalog 200 units/mL Kwikpen	Removed — Non-formulary
Humalog 100 units/mL Kwikpen	Removed — Non-formulary
Humalog 100 units/mL Vial	Removed — Non-formulary

### For other drug updates:

Please remember to visit the Select Health website at [selecthealthofsc.com/Pharmacy Services](http://selecthealthofsc.com/Pharmacy_Services) for:

- Up-to-date pharmacy information
- Changes voted on at the Pharmacy and Therapeutics meetings.
- Preferred PDL updates.
- New prior authorization criteria and procedures for submitting a prior authorization.
- Pharmacy benefit restrictions or limitations.

For questions, contact PerformRx<sup>SM</sup> Pharmacy Services at **1-866-610-2773**.

## First Choice by Select Health Is on Facebook!

Check out our new Facebook page! Follow First Choice by Select Health on Facebook for event information, health tips, member information, and more. We're excited about connecting with you there.

## Fraud, waste, and abuse contact information

To report or refer suspected cases of fraud, waste, and abuse, contact:

- **Select Health Fraud, Waste, and Abuse Hotline**  
(secure and confidential, available 24 hours a day, seven days a week):  
**1-866-833-9718**  
Mail: Special Investigations Unit  
200 Stevens Dr.  
Mail Stop 13A  
Philadelphia, PA 19113
- **Select Health Compliance Hotline**  
(secure and confidential, available 24 hours a day, seven days a week):  
**1-800-575-0417**

Providers may also report suspected fraud, waste, and abuse to:

### South Carolina Division of Program Integrity Fraud and Abuse Hotline:

- Phone: **1-888-364-3224**
- Fax: **1-803-255-8224**
- Email: [fraudres@scdhhs.gov](mailto:fraudres@scdhhs.gov)
- Mail: South Carolina Fraud Hotline  
Division of Program Integrity  
1801 Main Street  
Columbia, SC 29202